

FOREST FARM DRESSAGE

WALK & TROT TEST 1 (2015) ARENA 20m X 60m

Approx time 4 minutes

1	A	Enter in working trot	<i>Straightness on centre line, evenness of contact</i>
	C	Track right	<i>Quality of turn at C</i>
2	RV	Change rein in working trot	<i>Regularity & tempo, suppleness & contact</i>
3	VP	Half circle left 20m in working trot	<i>Regularity & tempo. Uniform bend along the line of the circle.</i>
4	PS	Change the rein in working trot	<i>Regularity & tempo, suppleness & contact</i>
5	SR	Half circle right 20m in working trot	<i>Regularity & tempo. Uniform bend along the line of the circle.</i>
6	B	Medium walk	<i>Fluency and thoroughness of the transition</i>
	P	Turn right	<i>Balance in turn and fluency. Clarity of the walk</i>
	V	Turn left	<i>Balance in turn and fluency. Clarity of the walk</i>
	K	Transition to working trot	<i>Fluency and thoroughness of the transition</i>
7	FM	One loop between 5m & 10m in from the track	<i>Regularity & tempo, suppleness & contact Uniform bend on loops</i>
8	SXP	Change the rein in working trot	<i>Regularity & tempo, suppleness & contact</i>
	PK	Working trot	
9	KH	One loop between 5m & 10m in from the track	<i>Regularity & tempo, suppleness & contact Uniform bend on loops</i>
10	C	Progressive transition to halt Immobility 4 seconds, proceed In Medium walk	<i>Fluency and thoroughness of the transition Balance and relaxation in halt</i>
11	C	Medium walk	<i>Fluency and thoroughness of the transition</i>
	RV	Change the rein at free walk on on a long rein	<i>Regularity, relaxation,, purpose, stretching forwards and down, ground cover, suppleness of the whole body</i>
	V	Medium walk	<i>Fluency and thoroughness of the transition, clarity of walk</i>
12	K	Working trot	<i>Fluency and thoroughness of the transition</i>
	A	Down the centre line	<i>Balance in turn. Regularity & tempo, suppleness & contact</i>
Between	X&G	Progressive transition to Halt, Immobility, Salute	<i>Fluency and thoroughness of the transition Balance and relaxation in halt</i>

Leave arena in walk on a long rein where appropriate

COLLECTIVE MARKS

13	Riders position & seat - <i>Balance, straightness, correctness</i>
14	Riders position & seat - <i>Effectiveness of the aids</i>
15	Paces – Walk - <i>Rhythm, correct footfalls, regularity, suitable and consistent tempo</i>
16	Paces – Trot - <i>Rhythm, correct footfalls, regularity, suitable and consistent tempo</i>
17	Impulsion - <i>Suppleness & elasticity. Relaxed mentally and physically. Works over back and through neck. Follows line of curves equally to both directions.</i>
18	Impulsion - <i>Activity & balance</i>
19	Submission – <i>Confidence. Ease of movement, straightness</i>
20	Submission – <i>Contact. Works from behind into a consistent elastic contact.</i>